



Carbon Footprint

Carbon footprint stated in CO₂ equivalence from production of 1 kilo of food including all parts of the production chain from the farm to the super-market.

Danish data from Danish produced food when nothing else indicated.

Meat	
Beef	19,4
Pork	3,6
Chicken, whole fresh	3,1
Chicken , whole frozen	3,7
Lamb, foreign	11,6 – 17,4
Dairy products	
Low-fat milk	1,2
Skimmed milk	1,2
Cheese (ordinary)	11,3
Ice cream, Australia	1,0
Fish and shellfish from the sea	
Cod, wild, whole, fresh	1,2
Cod, filet, frozen	3,2
Cod, fish fingers, frozen (foreign)	4,0
Flatfish, wild, whole, frozen	3,3
Flatfish, filet, frozen	7,8
Hering, wild, whole, fresh	0,6
Hering, filet, frozen	1,8
Shrimps, fresh	3,0
Shell shrimps, frozen	10,5
Mussels	0,1
Lobster	20,2

Fish from fish farms	
Trout, whole, fresh	1,8
Trout, filet, frozen	4,5
Vegetables	
Tomatoes, Danish greenhouse	3,5
Tomatoes, from southern Europe	0,7 – 1,4
Cucumber, Danish greenhouse	4,4
Cucumber from southern Europe	1,3
Lettuce , foreign	0,4 – 3,3
Onion	0,4
Carrot	0,1
Potatoe	0,2
Peas, dried, foreign	0,7
Cabbage , foreign	0,5
Soybeans	0,6
Fruit	
Apples, foreign	0,1 – 0,9
Oranges, foreign	0,3
Bananas, foreign	0,5
Strawberries, foreign	0,9 – 1,0

Grain and products from grain	
Rye bread, fresh	0,8
White bread, fresh	0,8
White bread, frozen	1,2
Oatmeal	0,8
Flour, wheat	1,1
Flour, rye	1,1
Cereals, foreign	1,0
Rice, foreign	6,4
Pasta, foreign	0,8
Drinks	
Coffee, ready to drink, foreign	0,3 – 3,4
Soft drinks, foreign	0,3
Lemonade, ready to drink, foreign	0,4
Juice, foreign	0,3
Water, bottled	0,1
Beer, foreign	0,5 – 1,4
Wine, Danish	4,5
Wine, foreign	2,1

Other	
Sugar	1,0
Rape seed oil, Danish	3,6
Rape seed oil, UK	1,7
Olive oil, foreign	2,1
Tomato ketchup, foreign	1,3



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